

International Optispring Regatta 2010

Marina Port Zélande

The regatta will be sailed on the Grevelingenmeer, East or N-E of Marina Port Zélande (NL) on April 17 and 18 2010. The event is organized by the Dinghy Optimist Class Belgium (DOCB) in co-operation with the Royal Yacht Club van België vzw.

Sailing Instructions

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the class rules when applicable, except as any of these are changed by the Notice of Race and by these sailing instructions.
- 1.2. RRS Appendix P applies.
- 1.3. If there is a conflict between languages the English text will take precedence.

2. spare

3. spare

4. NOTICES TO COMPETITORS

- 4.1. Notices to competitors will be posted on the official regatta notice board located near the regatta office.

5. CHANGES TO SAILING INSTRUCTIONS

- 5.1. Any change to this SI will be posted latest thirty (30) minutes before hoisting Code flag "G" on the day it will take effect, except that any change in the schedule of the races will be posted by 20.00 hrs on the day before it will take effect.

6. SIGNALS MADE ASHORE

- 6.1. Signals made ashore will be displayed on a signaling mast near the regatta offices.
- 6.2. Code flag "R" over a Numerical Pennant "1" means that the race will take place on "Race Area 1", "R" and Numerical Pennant "2" refers to "Race Area 2" as described in 10.1 and Appendix A
- 6.3. Code flag "G" with one (1) sound signal means: "The boats may leave their boat park and proceed to the Race Area."
- 6.4. When code flag "G" is not on display, boats are not allowed to leave the boat park, even when there are other competitors sailing.
- 6.5. Code flag "AP" with two (2) sound signals (one (1) when lowered) means: "The opening of the boat park is postponed. The Warning Signal for the race will be made not less than thirty (30) minutes after the "AP" is lowered." Alters Race Signals.
- 6.6. Code Flag "AP" over a Numerical Pennant 1 – 6 with two (2) sound signals (one (1) sound signal when lowered) means "Postponement of 1 – 6 hours from the scheduled opening of the slipway". The Warning Signal will be made not less than thirty (30) minutes after "AP" is lowered.
- 6.7. When code flag "L" is displayed with one (1) sound signal, a notice to competitors has been posted on the notice board.
- 6.8. There will only be one (1) numeral pennant under flag "L" indicating the number of the last change.

7. FORMAT OF RACING

- 7.1. When more than 80 boats are registered for the regatta, the fleet will be divided into 4 groups. This division in groups will be done by the Dinghy Optimist Class Belgium, and will be no ground for redress. The groups will be announced at the official notice board. Each competitor shall check if he/she received the correct color during registration.
- 7.2. The groups are named by the colour of the ribbon competitors will receive at the registration. (i.e. blue, white, green and yellow). The groups will start two by two following the scheme :

	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7
Start 1	blue white	blue green	blue yellow	green yellow	yellow white	white green	blue white
Start 2	green yellow	yellow white	white green	blue white	blue green	blue yellow	green yellow

- 7.3. As long as a race has not been completed (due to general recall or abandoned races), the next start will be considered as the start of the same race as the previous start.
- 7.4. Maximum 7 races will be sailed, by a maximum of 4 races per day.

8. PROGRAM AND SCHEDULE OF RACES

8.1. Program and schedule of races as follow.

Friday, April 16 1900 – 2100 hrs	Information and registration
Saturday April 17 0730 - 0930 hrs 0940 hrs 1025 hrs Asap	Registration open Slip way opens (check code flag G) First warning signal of the day Following starts and races
Sunday, April 18 0910 hrs 0955 hrs Asap 1500 hrs Asap	Slip way opens (check code flag G) First warning signal of the day Following starts and races No starts will be given later than Price giving

9. CLASS FLAGS

- 9.1. The traditional class flags are replaced by flags representing the color of the groups, the fleet has been divided in.
- 9.2. All boats shall display a colored ribbon corresponding with the color of their group flag. This ribbon shall be attached to the top of the sprit.
- 9.3. A shore, boats shall be parked in the boat park corresponding the color of the group the boat has been divided in.

10. RACING AREA , STARTING AREA AND FINISHING AREA

- 10.1. The diagram in appendix A shows the location of the Race Area.
- 10.2. The Race Committee signal boat can be identified by flying a code flag "R".
- 10.3. A Race Area is defined as follows:
 - 10.3.1. Before the Preparatory Signal: "The Race Area is the area within 100 meters of the Starting Line and the RC boats on that line."
 - 10.3.2. After the Starting Signal: "The Race Area is the area within an imaginary line drawn 100 meters outside any point where a boat might sail during normal racing."
 - 10.3.3. At the Finish: "The Race Area is the area within 100 meters of the Finishing Line and the RC boats on that line."

11. THE COURSE

- 11.1. The diagram in appendix B shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left
- 11.2. No later than the warning signal, the race committee signal boat will display the approximate magnetic bearing of the first leg.
- 11.3. The course length and the angle between legs may be adjusted to allow for stream, wind and water conditions.

12. MARKS

- 12.1. The marks, including the marks of start and finish line (when no pin end boat is used), will be large orange cylinder form inflatable buoys.

13. spare

14. THE START

- 14.1. Races will be started by using RRS 26.
- 14.2. The starting line will be between a staff or the mast displaying an orange flag on the race committee boat at the starboard end and the Flagstaff or mast on a boat displaying a red flag or the course side of the starting mark at the port end.
- 14.3. To alert sailors that a new sequence of starts is soon to begin, an orange flag will be displayed for at least 4 minutes before the first warning signal, of the first start of the sequence.
- 14.4. For the purpose of RRS 30.1 only the Starting Line itself is considered, during the last minute before start, not its extensions (modifies RRS 30.1).
- 14.5. RRS 30.3 is supplemented as follows:

“Sail numbers will be displayed for at least three (3) minutes. One (1) long sound signal will be made when the numbers are initially displayed. A boat whose number is so displayed shall leave the Racing Area, defined in SI 10.3, before the new Preparatory Signal. If she fails to do so, she is liable to be disqualified from all races of the regatta (change of RRS 64.1 d).”
- 14.6. Boats whose warning signal has not been made shall avoid the starting area (SI 10.3). Boats starting with the wrong starting group, shall be disqualified without hearing.
- 14.7. A boat starting later than four (4) minutes after her starting signal will be scored DNS. This changes rule A4.1.
- 14.8. RC boats may hold position by using engines; any effects shall not be grounds for granting redress. (Alters RRS 62.1).

15. THE FINISH

- 15.1. The finishing line will be between a staff or the mast displaying a blue flag on a race committee boat at the starboard end and the Flagstaff or mast on a boat displaying a red flag or the course side of the finishing mark at the port end.
- 15.2. After finishing all boats are required to leave the Race Area as soon as possible (SI 10.3).

16. ARBITRATION SYSTEM

- 16.1. All protest involving a rule of part 2 will be subject to arbitration. This changes RRS 63 and 64.
- 16.2. RRS 44 is changed to permit a boat to take a 30% scoring penalty as calculated in RRS 44.3(c) during the arbitration hearing.
- 16.3. RRS 63.1 is changed by adding: “The arbitrator may allow a protest to be withdrawn without the approval of the protest committee”.
- 16.4. After a written protest is delivered to the protest desk, one representative from each boat will meet with the arbitrator unless the protestor requests that the protest will be withdrawn. No witnesses will be allowed.
- 16.5. The arbitrator will not be a member of the protest committee that hears the protest, but will be permitted to observe the testimony given to committee and offer testimony. This changes RRS 63.3(a).

17. PENALTY SYSTEM

- 17.1. Appendix P will apply. Although judges will signal a rule 42 penalty as soon as possible, this might sometimes be after the boat has crossed the finishing line. In the case of a boat first protest, the boat will be given a 7 point penalty without a hearing

18. TIME LIMITS AND TARGET TIMES

- 18.1. The target time for a race is forty five (45) minutes for all classes. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1 (a).
- 18.2. Boats failing to finish within twenty (20) minutes after the first boat of her class finishes will be scored DNF. This changes RRS 35 an A4.1. If the first boats sails longer than 60 minutes, the time limit of 20 minutes will be replaced by 1/3 of the time needed by the first boat to finish the race.
- 18.3. The time limit for a race will be ninety (90) minutes for all classes.

19. PROTESTS AND REQUESTS FOR REDRESS

- 19.1. Boats are not exempted to display a red flag (this changes 61.1.(a),(2)).
- 19.2. The intention to protest shall be announced to the RC Finishing Boat IMMEDIATELY after finishing, by mentioning the protestee. The competitor must wait for an acknowledgment from the RC. This change RRS 61.1(a)
- 19.3. Protest forms are available at the Race Office. Protests shall be delivered within the Protest Time Limit.

- 19.4. The Protest Time Limit is sixty (60) minutes after the last boat of its starting group has finished the last race of the day. The same Protest Time Limit applies to all protests by the RC and Jury and to requests for redress. This changes RRS 61.3 and 62.2.
- 19.5. Notices will be posted within fifteen (15) minutes of the Protest Time Limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury Offices of the respective Race Offices.
- 19.6. Protests will be heard at the Jury rooms. Parties involved in protests (including witnesses) shall remain in the vicinity of the Jury room until the protest has been heard.
- 19.7. Notices of protests by the RC or Jury will be posted within the protest time limit to inform boats under RRS 61.1(b).
- 19.8. A list of boats that have acknowledged breaking RRS 42 or have been disqualified by the Jury will be posted on the local notice board.
- 19.9. Breaches of instructions 14 (boat in Starting Area), 21 (Safety), 22 (Replacement), 26 (Support), 27 (Trash disposal) and 31 (Radio Communication) will not be grounds for a protest by a boat. This alters RRS 60.1(a). Penalties for these breaches may be less than disqualification if the Jury so decides.
- 19.10. On the last day of the regatta a request for reopening a hearing shall be delivered: (This changes RRS 66):
 - 19.10.1. within the Protest Time if the party requesting opening was informed of the decision on the previous day;
 - 19.10.2. no later than thirty (30) minutes after the party requesting reopening was informed of the decision on that day.
 - 19.10.3. If there is no racing on the last day of the regatta the time limit for a request for reopening is within protest time.

20. SCORING

- 20.1. The Low Point scoring system of Appendix A of RRS will apply
- 20.2. When fewer than four (4) races have been completed, a boat's series score will be the total of her race scores.
- 20.3. If the fleet is split into groups
 - 20.3.1. Boats will be scored based on the number of boats in each Start. If fewer than the scheduled number of Races are completed, the score shall stand after the last race in which all groups competed.
 - 20.3.2. If a class starts in different starting groups and if these starting groups have an unequal number of participants, boats will be scored on basis of the number of competitors of the largest registered starting group.
- 20.4. Add to rule RRS A11: ARB means scoring penalty after arbitration, PTS means scoring penalty for yellow flag after finish and DPI means a discretionary penalty imposed under SI 19.9

21. SAFETY REGULATIONS

- 21.1. The safety of a boat and her entire management, including insurance, shall be the sole and inescapable responsibility of the owner or entrant racing the yacht.
- 21.2. ALL PARTICIPANTS SHALL WEAR AN ADEQUATE PERSONAL FLOATING DEVICE ALL TIMES WHILE AFLOAT. WET SUITS OR DRY SUITS ARE RECOMMENDED BUT DO NOT CONSTITUTE ADEQUATE PERSONAL BUOYANCY, changing RRS 40
- 21.3. All boats shall have aboard a seven (7) m length tow rope, strong enough to tow several boats.
- 21.4. Boats are only allowed to go afloat via the official slipway. Participants shall follow the instructions of the harbour master or his assistants, the beachmaster and the organising authority at all times.
- 21.5. All participants receive an Identification Badge at registration. This Identification Badge will be given to the Beach Master when leaving the slipway and will be collected back immediately after the race at the slipway.
- 21.6. A lost Identification Badge must be renewed and shall cost 5 EUR.
- 21.7. In addition to RRS 60 any participant who fails to give this Identification Badge to the Beach Master before leaving to the Racing Area will be scored "DNC" for the races of that day and any participant who fails to collect back his Identification Badge at the slipway or at the Local Regatta Office immediately after the races will be scored "DSQ" for the races of that day.
- 21.8. A boat that retires from a race, or that does not start a race although on the water, shall notify the RC as soon as possible.
- 21.9. When any Race Committee Boat displays Code Flag "W" (this signal may be enhanced by igniting and showing white handflares), all coaches and support boats have to enter the race area and shall cooperate with the race committee in rescue assistance.

22. REPLACEMENT OF CREW OR EQUIPMENT

- 22.1. Substitution of damaged or lost equipment will not be allowed unless approved by the RC. Requests for substitution shall be made to the RC at the first reasonable opportunity.

23. EQUIPMENT AND MEASUREMENT CHECKS

- 23.1. A boat or equipment may be inspected at any time for compliance with the class rules and SI. On the water, a boat can be instructed by a RC Measurer to proceed immediately to a designed area for inspection.
- 23.2. Special attention will be taken at the **IODA safety regulations**.

24. spare

25. OFFICIAL BOATS

- 25.1. Jury boats will fly a flag marked "J", "JURY" or code flag "J"
- 25.2. Rescue boats will fly a red flag with a white "R"
- 25.3. Race committee boats will fly the R.Y.C.B.-club burgee

26. SUPPORT BOATS

- 26.1. Team leaders and/or representatives shall register at the Regatta Office before the start of the first race and indicate their address during the Regatta. They will receive a numbered flag supplied by the organizing authority after paying a fee of 10 € which will be returned at the end of the regatta.
- 26.2. Each coach/team leader shall conspicuously fly the numbered flag supplied by the organizing authority and his/her national flag. This last may be replaced by a sign on his/her boat of at least 50 x 50 cm with the national letters of the country he/she represents.
- 26.3. Team leaders, coaches and other support personnel shall stay outside the race area (SI 10.3) from the time of the Preparatory Signal for the first Class to start until all boats have finished or the RC signals a Postponement, General Recall or Abandonment.
The penalty for failing to comply with this requirement may be the disqualification of all boats associated with the infringing support personnel. In case of Postponement, support boats may reenter the Racing and Starting Area and competitors and non competitors may communicate until the new Preparatory Signal is given
- 26.4. See also SI 21.9

27. TRASH DISPOSAL

- 27.1. Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats

28. spare

29. spare

30. Results

Results will be available on www.optispring.be as soon as possible after the event.

31. RADIO COMMUNICATION

- 31.1. A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

32. PRIZES

- 32.1. Prizes will be awarded to :
- the first 15 competitors
 - the 1st, 2nd and 3rd Benjamin (°1999 or later)
 - the 1st 2nd and 3rd Girl
- 32.2. The Optispring Cup is the challenge trophy that will be awarded to the team of the country with the best total team score. The total team score is calculated from the cumulated end results of the first individual three sailors from each country. The Optispring Cup is perpetual.

33. DISCLAIMER OF LIABILITY

- 33.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race.
- 33.2. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

34. INSURANCE

- 34.1. Each participating boat shall be insured with valid third-party liability insurance.

35. LIABILITY

The DOCB, R.Y.C.B. and their officers, members and volunteers do not accept liability for loss of life or property, or personal injury or damage caused by or arising out of the 2010 International Optispring Regatta. All competitors take part in the 2010 International Optispring Regatta at their own risk.

The establishment of the notice of race and the sailing instructions in no way limits or reduces the complete and unlimited responsibility of a competitor for the management of the boat he or she is sailing. Personal accident and health insurance is the sole responsibility of each competitor.

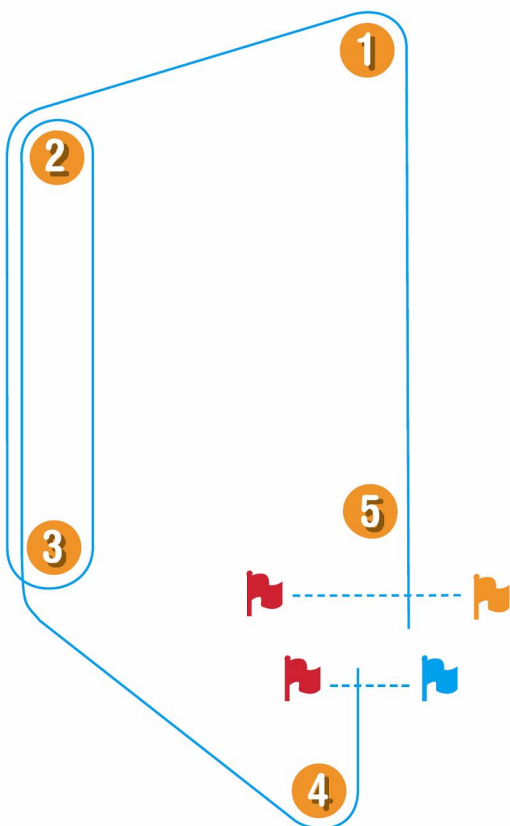
Parents/guardians are responsible for the safety of the sailor. It is the sole responsibility of the parent(s) of the sailor to decide if the sailor should sail in the weather and sea conditions that might arise during the event.

Parents not personally attending any part of the event must ensure that another adult is authorized and designated to make these decisions for their sailor.

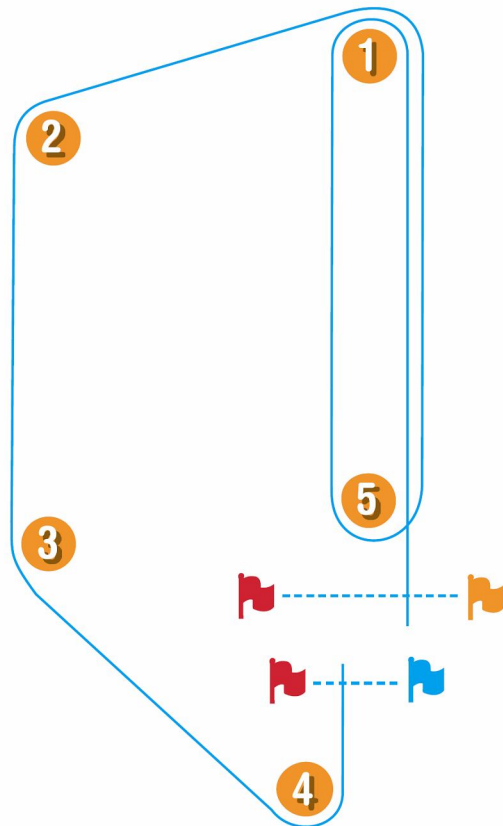
Appendix A



Appendix B



Boats taking the first start of a race
 Start, 1, 2, 3, 2, 3, 4, finish.
 All marks to be left to port.



Boats taking the second start of a race
 Start, 1, 5, 1, 2, 3, 4, finish.
 All marks to be left to port.

Race Committee :

Bob Leclercq IRO

Peter Van den Bossche IRO & PRO

David Driebeek NRO

Eddy Rogiers NRO

Patrick Van den Bulck NRO

Kees Van Rijn NRO

and the team of Royal Yacht Club van België, the Koninklijke Liberty Yacht Club and the WatersportVerening Scharendijke in cooperation with the Dinghy Optimist Class Belgium.

Jury :

Joep Straus IJ = chairman PC

Vic de smedt IJ

Frank Cleeren NJ

Monique Eggink NJ